RISK BENEFIT ASSESSMENT- Climbing

**Low risk- Something resulting in a minor injury eg a scratch or a bruise**

**Medium risk- something resulting in significant loss/ damage or an injury such as a broken bone which requires hospital treatment**

**High risk- something that results in extensive loss/ damage, multiple injuries or death**

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| Location/ Activity: | Stoneydelph Forest School | Date: | December 2021 |
| FS Leader: | Mrs J Parry | Review Date: | December 2022 |

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| Activity | How will young people BENEFIT from the activity? | Possible Hazards | Overall risk ratings  Low/ Med/ High | Who is at risk? | Precautions in place to reduce risk of injury | Risk rating following precautions |
| Tree climbing | Improvement in core strength and muscles- physical development  Self and safety awareness  Empowers children and improves their self confidence | Scratches/ grazes/ cuts from twigs and branches  Falls resulting in bruises or broken bones | High | Children | Adult supervision/ children must ask before climbing a tree  Trees must not be climbed if icy  Appropriate clothing- no skirts/ loose shirts/scarves etc  Children taught to assess trees for safety- eg branch must be thicker than their thigh to be climbed on, and it must be a live branch- dead wood will snap easily  Dead wood removed where possible  Children must NEVER be put up into a tree- if they can’t climb up their independently then they don’t possess the control and coordination to stay safe in that particular tree  If they can climb up, Children should not climb above twice their own head height  Children to have 3 points of contact with the tree at any time  If the adult is unable to devote 100% attention to the children climbing the tree due to distractions, then climbing is off limits until full attention can be given  Children to communicate as they are climbing- “I am going to put my foot on this branch, and move my hand to this branch” etc | Medium |

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